

The Yizraelite – No. 2167 Date: 19.7.24

Kibbutz Yizrael

Edi-torial

I wish to apologise to Reut Shaliv. Reut is the editor of the excellent Hebrew newsletter. From the start, I should have given her credit. I took her work for granted and shouldn't have done so. So Reut, I offer my honest and humble apologies. The truth be told, Reut's predecessor, Zimra Baran, is owed the same apology. From now on, the name of the editor of the Hebrew Alon will appear in its rightful place among the credits.

Steel yourselves before reading: **The (Almost) Back Door** (especially if your roots are in Nationalist South Africa - Edi-Tor

We extend our condolences to Uri Gilad on the passing of his father

Avner Gilad, of blessed memory.

May you know no more sorrow.

Beit Yizrael

Congratulations to Tali and Reuven Yankelevich on the marriage of their son, Itay with Ayelet.

Congratulations to the entire Yankelovich family, to Grandma Dora, to the Langberg family and to Ayelet's family.

Wishing you joy, light and health and lots and lots of love.



Community Management Meeting Summary - 14.7.2024

Present: Talia Arad, Yifat Segal, Shlomo Levy, Ilana Peleg, Limor Griman, Stas Gavrilov, Kinneret Govrin, Ishai Levi, Maor Persai, Erez Peleg

Invited: Yifat Assaf

1. Presentation of an estimate for the end of the 2024 budget year, based on a five-month implementation

Maor presented the performance estimate for the end of the year based on a five-month analysis. The performance was analyzed by Niv the economist taking into account seasonal activity and processes. This is in contrast to the statistical approach we have used until now. Also, every time the performance data is updated, the view will be on the performance estimate at the end of the year compared to the annual plan.

Main trends were presented in the area of income and in the area of expenses. Overall, the estimate for the end of the year indicates a better performance than was predicted and that against the deficit of about 5 million NIS, which was approved in the community plan, at the end of the year the deficit is expected to be about 3.3 million NIS.

2. Farewell to Yifat Assaf

At the end of 6 years as the secretary of the kibbutz, Yifat Assaf said goodbye to the community management in a modest and moving ceremony.

Summation: Erez Peleg

Messages from the Health and Welfare Cluster



1. Clarification regarding the Emotional Counseling Subsidy for Kibbutz Members

Each member is entitled to a consulting subsidy according to the terms of the procedure (the complete procedure is found in Kehilanet).

- Individual counseling will be registered in the name of the member.
- Marriage counseling will be registered in the name of one of the spouses.
- Parental counseling will be registered in the name of one of the spouses.
- There are no separate subsidies for different care categories.
- Members receiving couples therapy/parenting counseling, if you have not informed Dana to which of the spouses to register the treatment, the treatment will automatically be registered in the name of the partner with a higher remaining quota, in order to receive the higher reimbursement.

We are aware of the high treatment prices outside. We raised the amount to be reimbursed at the beginning of 2024. We would like to give more but our budget is limited.

Reimbursement per session	Number of sessions
300	1-25
250	26-40
200	41-65
150	65-80
0	+80
18,000	Maximum Total

In general, the counseling team considers a up to two years as a period of time that should be sufficient for the purpose of completing emotional therapy in most cases.

However, those who find themselves in need of treatment and have run out of coverage, please submit your request to Dana Baum - Counseling Team Coordinator. We are ready to help!

Best regards - Talia Arad and Dana Baum

Subsidies to Support Weight Loss Processes

Until now, no refunds have been given to members for processes that support weight loss, with the exception of a dietitian through Clalit and prescription slimming injections.

The Health Council, decided to expand the provision of reimbursements to the member as follows:

Personal guidance in the field of nutrition, private dietitian, support groups (Abba Hatuv, Heli Maman, etc.)

- A refund of NIS 150 per session will be given, up to 4 sessions per calendar year.
- In support groups, the same refund will be given, in one payment of 600 NIS or spread over 4 months (150 NIS / month), according to the invoice that must be submitted.
- No refunds will be given for food supplements, herbs or any products.

Prescription weight loss injections such as: Saxenda, Vigobi

1. We receive partial refunds from the insurance company. So as long as there is no change in the policy of the insurance company, the kibbutz will continue to finance the injections.

The refund is conditional on:

- Filling out a claim form and submitting all the documents for the claim to Inbal Pezaro.
- The member has a BMI > 30 (a condition required by the insurance company and a figure checked by them from time to time).
- The claim being approved by the insurance company.
- 2. Patients with a normal BMI (30 or below) are not entitled to reimbursement from the insurance company, if the member has reached a normal weight and still wishes to continue purchasing the injection (as maintenance), the reimbursement from the kibbutz will be as follows:
- Months 1-3 the kibbutz will pay 75%
- Months 4-6 the kibbutz will pay 50%
- More than 6 months there will be no participation of the kibbutz.

Dietician through Clalit

No cost to the member. The first appointment can be booked on your own by scheduling an appointment on the personal website, there is a wait of about a month/two months. You can consult the clinic staff about this process.

This update does not express a position or recommend a particular process. We believe that each person is responsible for his own health and takes it upon him/herself to ask, read and learn about the disadvantages and advantages of the process he/she chooses. We wish you every success in whatever system you choose. Submitted by: Talia Arad – Health and Welfare Coordinator





Evacuee Families on Yizrael - Updates

It has been a while since there has been an update to the public regarding the evacuee families living in our kibbutz. So here are some updates:

11 families now live in the kibbutz, a total of 41 people.

At the beginning of August, several families will leave us, and that will leave us with some of the families, who are living in the Chevra Bogeret and Rakevet rooms, in Partnership House, in parent housing, and in the late Nis's house.

Boys and girls of the "Savion" group who are finishing 12th grade and the "Rimon" group who are entering 12th grade have returned to their rooms in the last few days, which they vacated for the evacuated families. Thank you, your parents and Shimrit Tzafadia for your sensitivity and understanding throughout the period. The return to the rooms was also done in a pleasant and sensitive manner. Thanks for that.

We want to thank A.J. Gilad who allowed an evacuated family to continue living in his room until the end of June, even though the community management decided that the younger generation may return to their rooms at the end of April. We all feel uncertainty about the future. It is even more difficult for these families, and we will always be happy for you to take an interest in them whenever you meet. Our community has been wonderful throughout the last nine months. These families are so very grateful for the warm and special treatment they receive here.

Many thanks to all the branches of the kibbutz who provide courteous and pleasant service to all the evacuated families.

We want to take this opportunity to thank Yifat Assaf who accompanied us throughout the whole period. Significant accompaniment that included many consultations, many meetings, challenges, dilemmas, also laughter and above all real support from the heart.

Thank you, Yifat, in our name and in the name of all the 130 people who fled their homes in a moment and had the privilege of living on Yizrael, with the feeling that they are receiving a whole world here, a warm home in a time that is unbearably difficult.

Hoping that all the abductees will return home immediately, that all our soldiers will return home safely, and all the evacuated families will be able to return to their homes soon. You are invited to contact us with any questions/requests/comments. Eyal Tirosh and Keren Stamper Kagan.



The Children's Society Newsletter - First Issue - 17.7.24

Written by the children of the Alon group from Alef to Daled: Ella Kagan, Alon Kagan, Bar Zinenko, Goni Laviv, Daniel Emerick, Hadar Shechter, Zoe Hillel, Lotem Griman, Maor Edelstein, Nir Assaf, Koren Ziv

What's going on in the Kibbutz Lotem and Nir conducted a survey about the changes made in the Stone Garden

Cons: you can't dig in gravel, the synthetic grass is unhealthy and emits heat, cats poop on the grass, the grass is blinding.

Pros: accessible, clean and tidy, less painful to fall on the grass, nice to be barefoot, comfortable and pleasant, more fun and colourful.

In conclusion: in our opinion, the change in the stone garden is successful. You can enter with strollers and wheelchairs. It's fun to be there even barefoot.

What we are doing in the children's group (Chevrat Yeladim)

Traveling to Balagan in Yagur - Lotem and Nir

On Tuesday the 9th of July the tlaton (1st to 4th grades) went to "Balagan". We split into groups and visited all the facilities and enjoyed them all.

The facility we recommend the most is the "Battle for the Star", divided into two groups - a red group and a green group. The goal is to press the group's buttons in our color as soon as they light up. Whoever manages to press more buttons in a minute - wins!

Up-side-down day at the Tabor Tlaton - Zoe and Koren

Evening activity on Thursday - a reverse day that included "breakfast" and "lunch". We started with a paparazzi game, after that we went to the pool for a night swim, we were in the pool until 00:30 and then we went to the Tlaton for a craft or a Rollstars

tournament. In the creation we made painted cardboard circles that turned out beautifully. Then came "lunch" at 2:00 - Poike followed by a disco until 4:00. The activity was fun.

The sports section: Alon K., Daniel, Hadar, Maor

Summary of Euro 2024 semifinals and finals

First semi-final Spain - France

The winner of the match was Spain with a score of 2 - 1. The goal for France was scored by Randall Kilo Moani. Kylian Mbappe was the one who set up the goal for him. Spain's goals were scored by Lamon Yamal and Danny Olmo.

Second semi-final England - Netherlands

The winner of the match was England with a score of 2 - 1. Simmons scored Holland's goal, England's goals were scored by E. Kane and A. Watkins

The final match Spain - England

The winner of the Spain match with a score of 2 - 1 is the European champion! The first goal was scored by Nico Williams in the 47th minute. In the 73rd minute Cole Palmer from England scored a goal for England. Mikel Oyarzabal scored a winning goal for Spain in the 86th minute and thus Spain was crowned "European Champion" for the fourth time.

Recommendations from Ella and Bar

Bar recommends:

Cinema: The new movies released this summer: The Voice in the Head 2, The Minions - Stolen Life, Noah's Ark, Moana 2

(Coming soon)

I loved the movie The Voice in the Head 2 because it is the most moving movie and it talks about friendship.

I recommend watching the new movies because they are very good. Also recommend to your family to go to the cinema.

Restaurants in Afula:

BBB is the coolest place because there are TVs with games and colouring pages

"Hatzarfatia Haktana" is a good restaurant because there are nice breads, eggs, sauces and spices. I highly recommend it. Lots of people go there.

Ella collected recommendations from members and guides about restaurants in the area:

Maklot Vanil - if you are near Afula, stop there to eat. Order macaroons and chocolate.

Domino's pizza - I recommend eating the volcano pizza, it's full of melted cheese.

Kimel in Gilboa - the service at Kimel is really good, the atmosphere is really good, the food is really delicious. I recommend the salad dishes.

Aroma - the cold chocolate is really delicious; the service is relatively fast and the iced coffee is also really delicious. You can also order takeaways from the restaurant.

Si Cafe - a cafe-restaurant near Beit Hashita with a large selection of dishes.

Burger Saloon - if you are near the Kinneret and you are hungry, you can stop to eat a hamburger and hot and tasty fries.

(I will spare the readers the quizzes – Ed)

Well done, kids. Keep up the good work.

One day you may be rich and famous like EDI-TOR!

Asefa – General Assembly On Monday, 22/07/2024 At 20:30, in the Moadon

Agenda:

- 1. Presentation of Limor Griman's candidacy for the position of kibbutz secretary
- 2. Presentation of Rochelle Matalon's candidacy for the management of the outside workers' branch

The voting will take place by ballot on Wednesday-Thursday (24-25.7.24)

Asefa Committee



Holech B'Tel - Yaniv Lipshitz

(The parts I (kind of) understood – Ed)

To Do List:

- Make hostage deal with Hamas
- End the campaign in the south
- End the fighting in the north
- Send him home and from there to prison
- Elections
- Rehabilitation
- Separation of religion from state

Start working!

Yaniv

The Two Plainstiffs

In disturbing harmony with the surrounding events, the local autoimmune phenomenon also continues to bubble up from Hades in the form of kibbutz members - present and past - who continue to bite the hand that feeds them, urinate from the top of the diving board, and above all to drag the local establishment and its representatives to district courts with claims and demands that are as close to human logic as the distance of a luncheon in the Hada is from a 3-star Michelin restaurant in Paris. I myself (YANIV... Not me – Ed), intend to jump on the band-wagon - even if it is clearly headed straight for a brick wall – I am about to make a series of lawsuits against the kibbutz, for wrongdoing:

- * The disappearance of the chocolate milk machine (you didn't think we forgot, did you?)
- * Toranut at the end of the bar mitzvah play (we will tolerate it when the child is in the seventh grade, why start when he is in the sixth grade?!)
- * The superfluous new rugby field (because it's not fun for us to walk a mile and a half for the Shavuot ceremony)



(I reckon Yaniv will finally be able to buy a villa on the French Riviera after he settles out of court with Yizrael as will the other hand biters and diving board urinators – Ed)

Disposable, Multi-purpose Chaos

The days pass, and the north continues to burn. Forget about developing a laser to intercept drones. The best minds are now working on a new threat: the replacement of the dishwasher and, in addition, G-d forbid, a shortage of gases in the soda faucet. Meanwhile, the locals are producing piles of disposable waste, enough to add half a degree celsius to the climate crisis. Air conditioners in the Hada grind on doggedly, and all we need now is for the air conditioning to break down to create a crisis that even the Americans will not be able to solve. At least something good came out of the local chaos: communication was lost with the car arrangement cabinet; the public was invited to take any car in the car park and go for a joyride...

(Edi-Tor's note: I tried, in vain to translate Yaniv's bit on the gap between mazkirim. I turned to ChatGPT and asked Chat to write a short satiric poem on the subject. This is the result. Any complaints are to be directed to chat – Ed):

In a kibbutz both small and quaint,

A committee met but showed restraint.

Their task was simple, clear, and straight:

Find a Mazkir, but they were late.

Weeks behind, they scratched their heads,

Fearing what the minutes read.

Debates were had on chairs and tea,

While the deadline date loomed ominously.

The papers piled, the coffee cold,

Their purpose lost, their process old.

Names were tossed like leaves in fall,

But none agreed, so none could call.

The members watched with wrinkled brows,

As leaders fumbled, mumbled, scowled.

A replacement, pray? Not today,

Tomorrow? Maybe—who can say?

So here we are, weeks overdue,

The chair is still vacant, nothing new.

A kibbutz without its guiding light,

The committee argues through the night.

Delving into the Archives



Copy of the illustration: "The houses of Zarin" with the Tenants' Names on the buildings, from a series of illustrations drawn by Moshiko Sinai. From Dani Harpaz's estate

Jules Feldman



Not by Bread Alone

Chag Hameshek 76

This year, due to the situation, we decided to celebrate our communal birthday with a series of events that look inward into our Yizrael community and outward to our Israeli society.

Fri 2.8.24: Kabbalat Shabbat

Sun 4.8.24 – Thurs 8.8.24: Various volunteering projects around the country

Fri 9.8.24: Opening of the veterans' photo exhibition and 76th Anniversary Ceremony.

Sat 10.8.24: Happy Pool Happening + Evacuee Trade Fair Happening

Further details about all the events will be published later.

Wishing for hope and a good future for Kibbutz Yizrael and the entire State of Israel, and that all hostages and soldiers will return home soon.

Holiday team - David Serrano, Zimra Baran, Tal Wolfson-Darom, Nitzan R. Feldman, Adi Goldstein Ilan, Tzafnat Mor.

Let's make a holiday for ourselves.

This year, we will also hold registration for holiday organization teams, three times a year, each time for upcoming holidays - September-December, January-April, May-August.

Registration for the upcoming holidays is already posted on the notice board, and you can also register online on the digital form published in the community (in cultural messages) and in the 'Cultural Updates' WhatsApp group.

In the digital form, you can register for assistance and participation in events, including singing, writing, dancing, and more...

Message from Tal Darom, Culture Coordinator

The (Almost) Back Door

If I were to conduct a brief survey among Israeli citizens with a single question: "Do you believe that Israel is on the verge of becoming a nationalist religious dictatorship?" I have no doubt that the survey results would show that not only do the majority of Israeli citizens disbelieve this, but most would dismiss the survey question as ridiculous, thinking something like, "Where did you come up with this stupid question?" This dismissive attitude toward the possibility of a nationalist religious dictatorship in Israel – the disbelief to the point of rejecting the possibility – is perhaps the most powerful card held by the government.

This result is puzzling in itself, since the government does not hide its intentions. In fact, it's the opposite – most ministers speak as if we are already in a dictatorship. Despite numerous fundamental rights being eroded without legal basis since the government was formed, despite everything happening before our astonished eyes, citizens refuse to accept the fact that a dictatorship could be established in Israel, complete with all the hallmarks of a nationalist religious dictatorship: murderous violence, denial of fundamental rights, regression of minority rights, administrative detentions, disappearances of people, mechanisms of informing and collaboration with the government, special privileges for the government, corruption, and arbitrariness.

This disbelief has many reasons. The first is the most trivial and cliché: people tend to deny disasters even when they are right in front of them, because if they don't deny reality, they would have to confront the situation. Most of the public doesn't have the tools to confront it or the confrontation requires changes they are unwilling to make. Mainly, they are unwilling to leave Israel; Israel is their home and most find it hard to imagine living elsewhere.

The second reason is that the changes occurring in Israel, which imply the creation of a dictatorship, are happening so rapidly that the public doesn't grasp them. Certainly, when they are well hidden under the smoke of war and all the chaos within Israel. Thus, the transformation of the police into a private militia under a violent and dangerous criminal is perceived as a temporary measure "to deal with the protests," whereas the violent arrests we saw this week, including the doctor who was so shocked to be arrested while providing aid to demonstrators, are what will happen here not temporarily but permanently, and we haven't seen anything yet. With the distribution of jobs to cronies and the firing of anyone who opposes the government, including in professional positions – what's wrong with Talya Einhorn in The Hague?

What's wrong with David Amsalem as Minister of Justice? What's wrong with Talia Einhorren? Silman? Katz?

The third reason is that most of the public hasn't internalized the change in the DNA of Israeli society under Netanyahu's rule, from a solidaristic society to a cannibalistic one. From a multicultural society with secular, traditional, and religious people living side by side (not trying to paint an ideal picture, there were always frictions and they are natural, but we lived quite well together) to a society where ultra-Orthodox religious fundamentalism, ultra-Orthodoxy, and opportunistic nouveau riche in the crime party set the norms, and the main norms are power and money at any cost, with the strong surviving – meaning violence as a way of life. Violence has become the hallmark of the State of Israel, violence that no one stands up against, certainly not the law enforcement system led by a violent criminal, and indeed the violence and chaos serve his agenda, they are his personal DNA.

The main reason why the public hasn't internalised the change that Israeli society has undergone is that after the massacre, old solidaristic Israel emerged momentarily, the mutual help, everything that characterised Israel before Netanyahu's rule. And solidarity could emerge and exist only because the government was in shock, did nothing, and mainly because the government's sophisticated incitement machine was paralyzed. The racial theorist disappeared from the screens, the heartless ministers had their mouths taped, and the accused himself was sure he was losing his power. The moment the incitement and poison machine started working again, even if signs of solidarity continued, they were crushed under the incitement steamroller – the one that ran over even the families of the hostages and the massacre victims.

The fourth reason is that alongside the criminal government's incitement against the citizens, the government uses a propaganda machine with nationalist slogans like "Together we will win," "Until absolute victory," "We are for unity," and this nationalist propaganda falls on the receptive ears of those citizens who deny the situation and believe that somehow things will work out (they won't, they will only get worse).

The fifth and final reason is the betrayal of the media, which cooperates with the government (with exceptions) and hides from the public the real situation – a horrible military defeat, economic ruin, looting, corruption, and chaos, alongside the betrayal of gatekeepers, the opposition (with exceptions), and the public apparatus that fell into the hands of the accused and the crime gang.

All these reasons, each one separately and certainly in their accumulation, lead Israeli citizens to a complete sensory blur and disbelief in the disaster facing us, even though it is visible – not the State of Israel but a state resembling Iran, not the Declaration of

Independence but the King's Torah according to the Jewish supremacist criminals, not solidarity but cannibalism, not the rule of law but the rule of crime.

The way to fight this is first of all to recognise the fact that this is what is about to happen, that the lives of each one of us (not just the lives of the hostages) are in constant danger from the government, and as it gets closer to achieving its goals, the danger will materialise, not just abandoning hostages to Hamas but the direct killing of citizens who are not favoured by the government — a militia in the hands of the criminal already exists, and there will also be the theft of private property of government opponents and its transfer to supporters, just as the Nazis looted Jewish property, because one of the clear foundations of a dictatorship is illicit enrichment, an enrichment that the government in Israel began years ago — ask yourself how a penniless person(according to him) like Deri became a tycoon on the salary of an MK and minister.

Everything is laid out clearly before our eyes, it is impossible to hide what is happening here anymore – all those who screamed at lawyer Chodek, who said he would fight against the dictatorship, who condemned him, who turned him into a target for horrible attacks (hello to the government mouthpiece Bardugo) – they will be the first to take up arms against anyone who threatens their rule, they already are – what is the abandonment of the hostages if not sending citizens who threaten the government to their certain death?

From X (Twitter), June 12, 2024, written by Dr. Rina Anati

English is Fun - with Rahel

Subject: Punctuation

I'M GIVING UP EATING CHOCOLATE FOR A MONTH.

Sorry, bad punctuation.

I'M GIVING UP. EATING CHOCOLATE FOR A MONTH.

Subject: Phrases

Some of our most popular phrases have a long history, including some that go back to the Middle Ages.

The apple of my eye

In early medieval England the pupil of the eye was known as the apple (Old English aeppel) since it was thought to be an apple-shaped solid. Since the delicate pupil of the eye is essential for vision, it is a part that is cherished and to be protected. Thus "apple of the eye" was used as a figure for a much-loved person or thing. King Alfred the Great used this phrase.

Baker's dozen

This phrase arose from a piece of medieval legislation, the Assize of Bread and Ale of 1262. Bakers of the period had a reputation for selling underweight loaves, so legislation was put in place to make standardized weights. To make sure that they did not sell underweight bread, bakers started to give an extra piece of bread with every loaf, and a thirteenth loaf with every dozen.

To curry favour

The phrase came from the Middle English words "curry favel" which in Old French was "estriller fauvel". It meant "to rub down and groom a chestnut horse. In Lo Roman de Favuel, a 14^C. French romance, a chestnut horse representing hypocrisy and deceit is carefully combed down by other characters in order to win his favour and assistance. The popularity of the work led people to accuse those who tried to further their own ends by flattery to be currying favel. By the sixteenth century the phrase had changed slightly to currying favour.

To play devil's advocate

Devil's advocate is a translation of the Latin "advoctus diaboli". This was the popular title given to the official appointed by the Roman Catholic church to argue against the proposed canonization of a saint, by bringing up all that was unfavourable to the claim. The post seems to have been established by Pope Leo X in the early sixteenth century.

.....more next week



Programme for 21/07/24 – 25/07/24

Daily 08:30 – 12:00 – coffee, cake, chats, board games

Sunday 21 July

Opening the week with Monica.

09:10 Zoom - Amos Dotan - "Not only Security"

10:30 Ceramics room open with instruction from Ziv Ben Bassat

Monday 22 July

08:00 Pedicure with Limor Mualem (by appointment only)

09:00 Around the World with Ron Barak – Trek to Ethiopia

16:00 Or B'Givah is open for coffee and lively conversation

Tuesday 23 July

10:00 Brain games and trivia with Galia Shemi

11:00 Pool exercises with Eyal Tirosh

10:30 Ceramics room open with instruction from Ziv Ben Bassat

18:00 Veterans get-together in the members moadon

Wednesday 24 July

09:30 Nature is Blooming with Hammutal Assaf

14:00 Ceramics room open with instruction from Ziv Ben Bassat

Thursday 25 July

07:00 Pedicure with Na'ama Baum (by appointment only)

10:00 Crafts with Noga Harpaz – **NEW!**

11:00 Pool exercises with Eyal Tirosh

17:15 Exercises on chairs with Michal Sha'anan

Credits:

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Disclaimer: The Edi-tor and translator does his best to provide an accurate reflection of the Hebrew Alon. Please be warned that it is not a direct translation. The original Hebrew text is the official version. This is of particular importance when it comes to decisions and procedures! Not all the material published in the Hebrew newsletter appears in "The Yizraelite". Considerations of length, readers' interest and the Edi-tor's ability to grapple with the subject matter, determine what is included.

Note: The readers are encouraged to submit for inclusion "letters to the editor" and material that does not appear in the Hebrew Alon.