

# The Yizraelite – No 2199 Date: 14.3.25 Kibbutz Yizrael

Reut's Editorial: It is two or three weeks since the conclusion of the first stage of the hostage release. The second stage has not yet begun. Hope, which dared to lift its head, has once again dwindled. Purim is here. Our party has been organised by the younger generation. On the one hand, it's nice that there is a holiday and that people are celebrating, and it's commendable that those who have borne the burden of war are organising a party. On the other hand, it doesn't really feel right to celebrate when hostages are still held in Gaza, having seen the release of other hostages. The information we are getting from those who returned from captivity is worrying and tormenting. The joy over the return of the released hostages and the relief felt by families whose loved ones have been returned to Israeli soil has once again been replaced by a sense of fear for the future of those still there, and uncertainty regarding the leadership's intentions about reaching agreements—or, once again, going to war. All this is happening alongside intentions to dismiss the legal advisor to the government and to undermine the principles of the democratic state, while passing a budget that continues to fund those who do not serve in the army. The organisations, which have been planning to escalate their protests for weeks, have set a **deadline**: Monday - March 24, 2025. I hope that when that day arrives, which is not far off, there will be an agreement on the return of the hostages still in Gaza. (If not, we must be prepared to play our part in the struggle – Ed)

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I WOULD KILL FOR A NOBEL PRIZE - Steven Wright

## **A CALL TO ARMS!**





# **Your Country Needs You!**

# | Monday | 24.03 | Jerusalem

For freedom!

**Taking days off:** 

For the release of the hostages!

For the end of the war!

To protect democracy!

For equality in burden-sharing!

**Everything is connected to everything!** 

This time is the time!

It will take as long as it takes!

No more regular protest!

Take days off!

Pack your bags!

Let's free Israel!

Civil disobedience, changing reality

**Join the Freedom Groups:** 

https://bit.ly/Hofshiyim

Nitzan Rivlin Feldman

## **REMINDER!**

# **Duty Roster Preferences - Survey in Kehilanet**



On Sunday, a new survey was published in Kehilanet regarding preferences for duties on holiday evenings.

The survey will be posted until Sunday, March 17th.

I would appreciate it if you could fill it out. Those who do not complete the survey will be assigned duties based on need.

Thank you for your cooperation.

Zohar Assaf – Duty Coordinator



Congratulations to

Naomi's Café

on celebrating its 8th birthday

on March 12, 2025!





Love Neomi.

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Borrow money from pessimists – they don't expect it back – Steven Wright

# Community Management Meeting Sunday, March 16, 2025, 17:30

### Agenda:

- 1. Rules for dealing with those in debt in their personal budgets
  - 2. Community management goals for 2025.

## H.R. Update

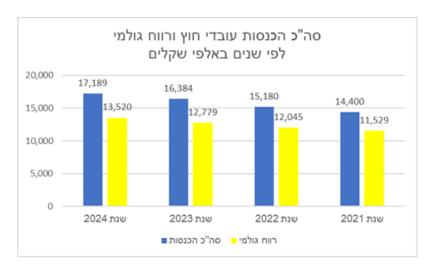
## **Outside Workers' Data 2024**

## **Average Gross Salary for Full-Time External Employees**

Thank you to the accounting department, especially to Damian and Inbal Pezaro, for their help in collecting and organising the data.

## **Submitted by: Kinneret Govrin and Rochele Matalon**

- In total 2024, there were 109 outside workers .
- Of these, 66 worked full-time throughout the year.
- 43 worked part-time or for part of the year.
- The average income 13,095 NIS per month (including part-time workers).
- -The average income of the 66 employees **who worked full-time** in 2024 was 18,180 NIS.
- -The average salary for a full-time employee in Israel is 13,153 NIS, as of January 2025.
- 6 earned over 30,000 NIS per month.
- 10 earned over 20,000 NIS per month.
- 15 earned over 15,000 NIS per month.
- 28 -earned over 10,000 NIS per month.
- 7 earned below 10,000 NIS per month.



Graph depicting the Average Gross (Blue) & Net Income (yellow) for outside workers over the past 4 years

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# Interview with Rahel Piekarski - Rochele Matalon



### Rachel's Family



Due to a reluctance to enlist in the Russian army, my family immigrated to Israel from Russia in the early 20th century. The Orloff family, consisting of the parents and eight children, arrived in Israel. Some of the children stayed in the country, while others moved to Perth, Australia. My mother was the first child born in Australia.

My father is from Tzfat, a sixth-generation Tzfat resident. In the 1920s, there were problems with Arabs around Tzfat, so my father's parents sent him to Perth to live with an uncle.



I was born on October 20, 1940, in Perth, Australia. I have one younger sister who has lived in Melbourne all these years. My parents divorced quite quickly. My father had a car and he would collect clothes and household items, travel from farm to farm, and sell a range of items to women, then return to Perth, fill up the car, and go again. My mother was a housewife the whole time, women didn't work then.

## Yossi's Family

Yossi's parents came to Australia from Poland. They had a large family. His father believed something bad would happen and tried to convince his parents and siblings, but they didn't listen to him. Yossi's parents left from Poland on the last ship before the Germans closed the port. They reached England and thought of going to Australia or the United States. The Australian visa arrived first, so they went to Perth.

Yossi's parents had five children, which was exceptional because everyone else had two or three children, but they had five. Yossi's parents called him Joe. He decided at the age of 14 that he would no longer be called Joe, but Yossi. Yossi's father was a professional shoemaker, making boots for horseback riders and skaters. He had a gold-coloured stone in his shop window with the inscription: "Found in our Garden." Yossi's job every year was to paint the stone gold.

## Meeting Yossi and the Institute for Youth Leaders (The Machon)

Yossi was born on the same date as me, a year earlier. We met in the Habonim movement. The movement was the most important thing to us. We spent every Friday and Saturday participating in movement activities, hiking, seminars, camps etc. We both came to Israel through a programme for overseas leaders (Machon L'Madrichei Chutz L'Aretz). We were friends. Yossi's friends on the Machon, Aryeh Drezner, of blessed memory, and Tzvi Sadur later told me that next to his bed, there was a picture of me and another picture of a chubby redhead. Some Saturdays, we would go to my grandparents in Tzfat. My grandfather refused to kiss me; they were religious, of course. My grandmother was angry with him, but it didn't help. My grandfather had a small kiosk selling notebooks and pencils, and envelopes for letters. On other Saturdays, we would go to Yossi's family, to his aunt. They would say, "What? You're coming to live in this country? Everything is so beautiful in Australia, have you gone crazy?!" My father's family said, "Oh! You are coming to live here, we're so happy!"

The programme lasted a year, about 100 young people, Zionists, together for the first time away from home, and we had an incredible time. I was with Americans, Swiss, and English. I had three American friends, and we are still good friends today.

We are all still in the country—Chaya in Afula, Gilda and Sarah in Jerusalem, and I am in Yizrael.

## Back in Australia, Wedding, and Preparing for Aliyah



We returned from the Machon; Yossi returned before me. I was told to start a new Habonim group of small children. Shoshana Mittelberg, Bernice, and Lori were in my group. Yossi and I got engaged. We organised a camp for the entire movement in Australia and got married in Perth, after the camp of course, in January 1961, I was 21, and Yossi was 22. After the wedding, we travelled to Sydney and Melbourne to work and earn money to prepare for our liyah. We knew we wanted to go to Yizrael. We had also been on Yizrael during the Machon, and some graduates of the movement were already on the kibbutz: Pnina Omer, Hannah and Alec Briceblatt, Helen

and Manny Rosenberg, Claire and Tzimuk Korner. We travelled to Israel via England. There was much in the papers about a band of singers, those crazy guys, The Beatles, and we went to their concert.

## **Absorption in the Country and on the Kibbutz**

We arrived in the country on October 31, 1963. From Haifa, they took us straight to Yizrael for lunch in the founders' hut, of course. I wore a gray skirt and a red shirt. When we arrived at the kibbutz, we lived in huts where the dining hall is today, and I met up with my cousin Zusya Cohen who was a member of the Tzameret garin. His mother and my father were siblings. By the way, Rafael Eitan (Raful) was also from my family. It was decided to send us to an ulpan in Jerusalem. We knew a little Hebrew and started the ulpan at the beginning of November. One day, we went out for morning tea, which included tea, bread, and jam—it was the day Kennedy was assassinated. They say everyone remembers where they were at that time... We returned to Yizrael. Yossi initially worked in the quarry, and they decided to send him to learn to become an electrician. They decided to send me to work with young children, of course. I had a group of five children, from infancy until kindergarten age, all in the same children's house. One of the things I enjoy now is seeing children I used to change diapers for, who are now themselves, parents in the kibbutz, (like Navot Assaf). They let me take care of a group of mothers at the end of their pregnancies: Ofra Shelef, Hammutal Assaf, Drora Cohen, Miriam Ben-Dov, and Mirik Yuval. I liked the work very much. I still love small children today. After seven years on the kibbutz, World Habonim decided to send us on shlichut to Australia. We were in Sydney for two and a half years. Yossi worked a lot with the universities and campuses, and I worked in the immigration office with families wanting to make liyah. I don't know why, but they were excited about the idea of an Australian, Israeli, kibbutznik, and I was interviewed quite a bit on the radio (there was no television yet). One of the topics that interested them was the separation of children from their mothers.

## **Children and Shared Sleeping** (Linah Meshutefet)

When we were on shlichut in Australia, Meirav was four, and Eyal was two. Oran was born after we got back. Meirav and Eyal were in the communal sleeping system. Our children were "shlufers" (sleepers). We took them to sleep in the childrens' houses in the evening, and the caregivers said they never saw them awake. It was no problem at all. Oran was born into the new system. One of the best decisions in our kibbutz was to build bigger apartments for each family.

Peggy gave birth in hospital and when Arnie brought her home with the new baby it was to a to a new house.

#### Yossi's Work

When we returned from shlichut, Yossi worked in the Electricity Branch with Tiyochke and he said that Tiyochke had golden hands. Then he started working at Elex. Yossi was also the kibbutz treasurer and helped establish the new dining hall, the current one. After that, he worked for years in marketing at Maytronics. I remember he travelled a lot. When his health began to decline, he worked in the "Aubriya", the sub-assembly dept run by Aubrey Levin.

#### Rachel – Work and Activities in the Kibbutz

When I returned from shlichut, I continued working with young children. I was responsible for the shoe warehouse. The young people of today will laugh, brown shoes for boys, red for girls. Once or twice a year, we distributed shoes, even if they suddenly grew out of their shoes in the interim. Each time, we would call a group of children, they would come, and I would fit them. If it was a good fit, I bought them. I was also a clothing store buyer. I didn't deal with laundry at all. Once a week, I would travel to Tel Aviv or Haifa to buy clothes for the store. It was fun.

I worked a bit at Maytronics, and then they asked me to join the school as an assistant, of course. It was at the school on the kibbutz. Ofra Shelef was the teacher, and I was the assistant. You know, the children would arrive, eat breakfast, study in class, then after school would go to the children's house. Pnina Hillman was the English teacher and when she was pregnant, so she said, "Rachel, you speak English, come on, let's do

this." I said, "What? The last thing I thought of was being a teacher." The kibbutz decided I should, and I was sent to various courses, do you know Malka Haas? I participated in all her seminars: nutrition education, play education, the junkyard yard, thumb-sucking versus pacifiers, everything. To this day, that comes to mind when I see parents and children.

When we moved to the school in Kibbutz Merhavia, I was an English teacher there. At that time, they only started teaching English in fifth grade, but parents all over the country pressed for it, so they started with language instruction in the fourth grade. I taught them the ABC, to sing and play. After I finished at Merhavia, I worked with Philippa at the language centre, and I really enjoyed it mainly because there were children who wanted to learn.

Additionally, I was the work organiser on the kibbutz and was active in the kibbutz committees. I coordinated the absorption committee, the housing committee, the education committee, and the ballot committee. I was the coordinator of the ballot committee and responsible for the Partnership House from day one. And for those who don't know what Partnership House is, I'll explain. An American came to visit Maida, they were old friends. He asked if we had guest rooms. Maida said no, so he said, "I will build you some." He was from Connecticut and was well-off. Vered Halevi was the architect, she designed the houses, and he paid every last penny for the rooms. Once they finished building and handed over the keys, Peter Pezaro, who was the meracez meshek, asked me if I was willing to take responsibility for the houses. I said, "Sure." Today, people who want rooms contact Monica or me, and I am responsible for the rooms. People arrive and receive keys...

#### Children and Grandchildren



I have three children: Meirav, the eldest, who is a very talented artist and has been painting all her life. Recently, she has taken it upon herself to accompany a small child on the spectrum; she is with him every day during school and then at after-school care. Meirav currently lives in Tivon.

Eyal was in the Navy. (Shayetet 13)

for five years. Afterward, he worked in South Sudan with the government on the construction of airports, bridges, and roads. He was there for about 10 days a month.

Oran studied computers and business management and works in startups. His penultimate startup was in a gaming (video games) company. The Chinese bought the company and what I remember most is that they worked in the United States. One day Oran sent me a picture of New York and a picture of him on a huge advertisement billboard, 20 metres tall. After a while he left the company, said that seven years was enough, and now he works at another company and is a vice president. The boys live in Tel Aviv; they are very close, and their children are also very close.

I have six grandchildren, five girls and one boy. Eyal has three daughters—Yaheli 22, who is currently on a big trip after the army; she served a month in reserves and returned, and now she is in the Philippines. Alma is two years younger than her and is a soldier, and Daniela, the youngest in the family, is 15. Oran has Elia, who is 16, and Ariel, who had his Bar Mitzvah in July, and Nuri, the youngest, is 10. I do patchwork and for each grandchild I made a blanket, a large blanket, 2x2 for them to have from me.

## **Today**



I have been painting for about 25 years and really enjoy it. I have an exhibition of paintings currently displayed on the stairs of the dining hall. I go several times a week to Dorot B'Gilboa, and it's very good for me. I work in my garden, and I crochet hedgehogs. I have crocheted 350 hedgehogs. I go to Or B'Givah, play Rummikub there, and enjoy the company.

## **An Interesting Story**

I donated bone marrow 30 years ago. The health ministry asked for volunteers, and the kibbutz organised blood tests, and they told me I was a match. I went to Jerusalem, to Hadassah Hospital, and donated. After a year, they said that if both the donor and recipient agreed, they could meet. Meirav, Yossi, and I visited the recipient, a girl who lived in a kibbutz near Jerusalem. We discovered many common things: she worked in education, had three children, one of whom was named Eyal, and she engaged in various crafts. The meeting was very emotional. A year later, they told me she had passed away. I burst into tears, and they invited us to the shiva; we decided to come to console after the shiva. We told her husband we were so sorry, and then he said to me, "You gave her a whole year."

#### The "Kibbutz Today

There are many changes, and at my age, it's a bit difficult to come to terms with them, but that's life. One of the enjoyable things is that I frequently travel in my Kalnoit to

the Partnership House and meet all the little children on their daily tiyul. The best thing about the kibbutz is the togetherness. Someone once told me, "The kibbutz is best in sad times and happy times." Holidays are a joy; I really love them. My children also enjoy the dining hall where they walk in and say hello to people...

I love the kibbutz.

Thank you very much, Rahel—wishing you lots of health, tranquility, joy, and long life! Interviewed and transcribed by Rochele Matalon.

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## Thank you to the youth of Kibbutz Yizrael, the champions!

You came to us with such good energy that was felt throughout the entire area, with joyful music and a strong desire to help and contribute.

Today, you improved the appearance of the entrance to the kibbutz, creating a pleasant feeling for those returning home for the first time - you cleaned, weeded, picked up stones, and planted flowers that add so much colour to our lives and joy to the hearts. We have already received enthusiastic feedback from everyone who visited the kibbutz today. A big thank you to you all ... We hope you had a meaningful experience during your visit to Manara, and we would be happy to host you again in happier circumstances... Liraz Laikin, Kibbutz Manara

## Jezebel on the Road

Weeks of inactivity, accompanied by frustration and despair over the situation, while the government of blood and horrors, led by the national neglector, is busy with itself, lining its pockets, and securing its majority. Endless anxiety and fear for the fate of our living and deceased hostages. I set out to search for some goodness in our country. Despite my original plan failing, I eventually managed to head south to the orange groves in Be'eri to help with the orange picking. I hitched a ride with a friendly kibbutz member. We arrived early in the morning at the grove, where I was pleased to meet a group of volunteers under the auspices of "Leket Israel" and other volunteers. We quickly learned the work and joined the team, and by the end of the day, we filled three gondolas with delicious oranges.

On Sunday evening, I overcame my fears and, together with my bodyguard Asael, took the train to Jerusalem to join a joint protest by activist organisations in front of the Prime Minister's residence, calling to continue the deal and bring all the hostages home! I read that estimates spoke of 5,000 protesters there. It was very moving to see people of all ages there, all united for the most important cause, and additionally, Amir Haskel and several representatives of the captives' families spoke.

On Friday, I joined our champion youth who travelled to Manara to help with planting,



gardening, and other tasks at the entrance to the kibbutz.

The beautiful plants were donated by the Yagur nursery, and with the help of the kibbutz's landscaping workers, led by Liraz Laikin from Manara, the team did a wonderful job. At the end of the day, one of the members

took us on a tour of the kibbutz. We saw the severe damage done to the homes and throughout the kibbutz; it was hard to see the destroyed kibbutz. Very different from the times we visited to see snow or in the summer when it was calm and beautiful.

The people of Manara are strong and are already working on a return, despite obstacles from the state. They have returned to build homes in the new neighbourhood, and work is underway on the settlement's appearance. It was a very exciting and meaningful day. Thanks to the youth and the team led by Shimrit Tzfadia and Naomi Levin.

Just before Purim, I travelled with representatives from the Narcissus group to bring delicious and sweet mishloach manot baked by the social education department to the "observer soldiers" (Tatzpitaniyot) at the Gilboa base which was moving and heartwarming.

Thus, amidst all the difficult moments, I definitely found quite a bit of goodness in our country, and still, the thoughts of our captives in Gaza do not let up even for a second.

I wish us all a happy and peaceful holiday, and above all, may all our captives return home swiftly!

Jezebel 🙏 Written by: Tzafnat Mor

**Menara continued**... Following the youth's volunteering in Manara, an update published in Manara is presented here. The border communities in the north, as well as the western Negev, need extensive rehabilitation, and in the following article, one can see how important volunteering and assistance for restoration is.



**Update from the Noi on Kibbutz Manara** 

To mark Tu B'shvat, we find it appropriate to update on the restoration efforts in the kibbutz.

Tu B'shvat began with less delightful news, with the cutting down of about 50 mature trees that were burned during the war and were at risk of collapsing (mainly pines, with a few cypress and cedar trees), in the area of the southern neighborhood, the pool, and the slopes below them. Additionally, as part of clearing hazards from the area around the factory, self-seeded elm trees that had grown over the years around the factory were cut down.

This action prompted the landscape and appearance team of the kibbutz to draw up a plan for new planting and the renewal of vegetation in the kibbutz, focusing on trees and Mediterranean shrubs native to our area, and creating additional orchard areas with fruit trees.

We are receiving many inquiries re donations of trees and plants, as well as volunteers interested in gardening, and we are making efforts to integrate all of these into long-term planning.

About 30 olive saplings were donated and planted by the regional division officers along the access road behind the metal factory on Tu Bishvat, an area that was burned in the war and is now undergoing rehabilitation.

Last Friday, youth from Kibbutz Yizrael who came to volunteer tended to the kibbutz entrance – they cleared hazards, removed stones, weeded the beds at the entrance, and planted seasonal plants and flowers donated by the Yagur nursery.

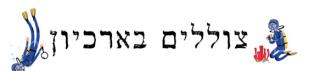
In the coming days, we will continue to implement additional stages in the planting plan – planting fruit trees donated by Yagur nursery, in the community garden, planting mature oak trees in the new playground donated by the kibbutz movement, and advancing a larger rehabilitation plan for the vegetation on the southern slope below the southern neighbourhood and under the pool, with the assistance of the JNF. Leading this work with great enthusiasm is Hezi Mana, the gardener, together with his two workers, managing a group of volunteers who help with the general yard work, and for all of this, we are grateful.

Additionally, the team is promoting a lovely initiative led by Stavit Shai to mark clusters of geophytes (bulb plants) such as anemones, cyclamens, hyacinths, and others. Now is the peak blooming time across the kibbutz, making it an excellent time to mark clusters in areas set to undergo significant development due to renovations (the southern neighbourhood and the area designated for plot preparation in the new neighbourhood). The clusters will be marked both in the field and on a map, allowing for their future relocation to existing gardens. We will continue to update.

The Landscape and Appearance Team of the Kibbutz

Submitted to the Yizrael newsletter at the request of the editor:

Liraz Leykin (Manara)



## **Delving in the Archives**

In honor of Rosa Lev-Or's 90th birthday, which falls next Monday, we are presenting a wonderful portrait created Shachaf Halevi Sassi a few years ago. The portrait, along with nine other great portraits, has hung in the pub for years. Rosa was a pillar of the accounting department and responsible for distributing money. We wish Rosa many more years of happiness!



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## What's New in Rugby?

On March 1st, we met for the big final against Maccabi Tel Aviv (They moved over to Maccabi). The team for the final featured a wide range of players, all of whom grew up in the club. The starting lineup included five homegrown players: captain Yahel Rosilio, Benny Brustein, Zohar Baum, Roi Sadur, and Ami Blass. Maccabi Tel Aviv brought professional players from Georgia,



France, and England, along with additional players from Haifa and Tel Mond. The strong start came from Yizrael, who led 10-0 after a try by Gur Levi and a penalty kick by Ma'ayan Levinson. However, from that moment, the team from Tel Aviv took control of the game for most of the first half, scoring 2 tries and going into halftime leading 14-10.

Yizrael started the second half strongly, with a try from Yuri Olnik, regaining the lead at 17-14. Later in the second half, with the wind at their backs and support from a large crowd, Yizrael dominated the game and maintained the lead with successful penalty kicks from Ma'ayan Levinson, who finished the match with a perfect record of 6 out of 6 kicks, totaling 16 points. Ma'ayan was also named Man of the Match.

In a thrilling finish, Yizrael became the national champion with a 26-19 victory. We want to thank the large crowd that filled the stands and pushed the team to victory. This is Yizrael's fifth consecutive championship since 2020.

#### **Children and Youth**

On March 8th, we participated in a children and youth tournament at Wingate, where Yizrael's teams also came out on top. The under-10 team played mixed games against players from various clubs. In the under-12 tournament, Yizrael fielded 3 teams (2 from Yizrael and one from Dovrat) out of 8 teams in total. The club's teams secured first, second, and third places (our Dovrat team came in second). This is an almost unprecedented achievement.

The under-14 team won first place after defeating the Mamutot-Hurricanes team in the final. This is the second consecutive tournament where the youth have taken first place, and there is a close battle for the league championship against Mamutot-Hurricanes. The under-16 team won the tournament with 3 victories. All teams showcased fluent and high-quality rugby, and we are very proud of them. A new generation of excellent players is emerging.

### **Upcoming Events**

This coming Saturday marks the opening of the regional rugby league. Following the conclusion of the local adult league, the regional league will begin and run until the end of May. This year, the league will include 4 teams:

- Stars of the North, which includes the Yizrael Rugby Club along with Haifa, Mamutot-Menashe, and some additional players.
- The Golden Foxes a team of central clubs with reinforcement players.
- Ai Matai the Fijian brigade team from the Golan.
- Steaua Bucharest the Romanian champions, which also includes Nitzan Raizel, who grew up in our club and moved to Romania two weeks ago.

The first match on Saturday at 16:00 will feature the Stars of the North against the Golden Foxes. We can expect a balanced and thrilling rugby match of high quality.

In honour of Purim, before and during the game, there will be a costume contest for spectators, with winners receiving vouchers for a family meal at Burger Saloon and other great prizes. Everyone is invited to come in costume, participate in the contest, and cheer the Stars of the North to victory!

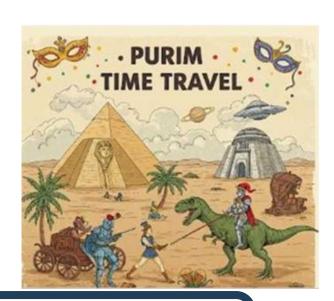
There will be face painting, good music, burgers, fries, and drinks. Everyone is welcome to a rugby festival this Saturday afternoon!

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# Purim for Adults Friday, Friday, March 14, 2025

We look forward to seeing everyone happy and dancing today at 10:00 PM on the dining room patio! Young Generation

Invited: 12th grade and above



Yifat Segal is looking for help with organising Pesach Willing volunteers... please speak to her.



Adloyada – Purim Parade
Sunday 16:15
From the Tlatonim
Costume parade and Circus will follow straight afterwards



Everyone is invited
To a Fun Circus
For all the Family
On the Stage
After the Adloyada
Sunday 16.3.25
17:00



## **Reading to Children**

#### With Einay Goldman

A lecture on reading books to children and techniques that will turn written words into a living and touching story because our reading can also improve, upgrade, and \*\*Thursday, March 20, 2025\*\*

\*\*8:30 PM\*\*

## At the Library

For parents of young children and anyone who tells stories to toddlers.

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## Programme for 16/03/25-20/03/25

Daily 08:30 – 12:00 – coffee, cake, chats, board games

## **Sunday 16 March**

10:00 A visit to the Kibbutz archives guided by Jules Feldman. (leaving Or B'Givah - 09:45)

## **Monday 17 March**

08:00 Pedicure – Limor Mualem – by appointment only

09:00 Sweet from the oven with Monica and Noa

09:30 Quizzes and Brain Games with Galia

16:00 Coffee with Monica and Ita

#### **Tuesday 18 March**

09:00 Round table discussion

09:00 Holistic treatments with Shlomit Fink – appointments by arrangement with Shlomit

10:00 Movie screening with Galia

## Wednesday 19 March

09:30 Nature is Blooming with Hammutal

## **Thursday 20 March**

09:30 "Flora"

09:30 Woodworking with Noga Harpaz – "HaNogariah"

10:00 Picnic in honour of International Waffle Day

17:15 Chair exercises with Michal Sha'anan

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## English is Fun - with Rahel

## ISRAELI INVENTIONS THAT CHANGED THE WORLD

- **Ubiquitin-mediated protein degradation** 1980: Aaron Ciechanover, Avram Hershko and Irwin Rose won the Nobel Prize in Chemistry for this discovery.
- **Unmanned planes** 1981: First UAV developed by the Israel Aerospace industries.
- Quasiperiodic crystals 1982: Prof. Dan Chechtman from the Technion won a Nobel Prize in Chemistry.
- **Dalkan** 1983: System for refueling company vehicles without a wallet.
- **Bio-Bee Biological pest control** 1984: Breakthrough by the company from Kibbutz Sde Eliyahu.
- **Epilady** 1986: Cost effective, mess-free alternative to shaving and waxing for women around the world.
- **Differential cryptanalyis** late 1980's: Study of how differences in information input can affect the resultant difference at the output.

- Arrow (Hetz) 1990: Effective anti-ballistic missile system.
- Babysense 1992: Highly sensitive baby breathing monitor.
- Digital printing press: 1993: Revolutionary printing press invented by Benny Landa, founder of Indigo Digital Press.
- Firewall 1993: Computer network security system.
- NIR heart stent 1995: Life-saving medical device invented b Medinol's Kobi and Judith Richter.
- Voice over Internet Protocol (VoIP) 1995: PC-to-phone software solution developed by VocalTec.
- Copaxone 1996: Teva's groundbreaking drug for treating certain forms of multiple sclerosis.
- ICQ 1996: Messaging platform that was a global hit at the time.
- Quickionary 1997: Portable scanning translators produced by Wizcom Technologies Ltd.
- Babylon 1997: Single-click computer translation, dictionary and information source utility programme, by Amnon Ovadia.
- NDS VideoGuard 1998: Conditional access for pay-TV.
- **TDMoIP** 1998: Emulation of time-division multiplexing over a packet switched network, developed at RAD Data Communications.
- **EyeQ chip** 1999: Mobileye's custom accelerator processor chip.
- **USB flash drive 2000**: Invented by Dov Moran.
- **Exelo**n 2000: Drug for treating mild to moderate Alzheimer's disease and Parkinson's.

WEEL		more ne	xt week
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# HALF THE PEOPLE I KNOW ARE BELOW AVERAGE – Steven Wright

## **Credits:**

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**Note:** The readers are encouraged to submit for inclusion "letters to the editor", photos and material that does not appear in the Hebrew Alon.

# **Shabbat Shalom**